



Vol. 46, No. 22 • 374th Airlift Wing • Yokota Air Base, Japan • Friday, June 17, 2005

**3 News** E-mail system  
to be revamped, improved  
**5-8 Summer Peeks**  
Pass the 'lazy days' with fun  
**12 Sports** Striders  
host annual Ekiden relays

## Not your average day at the office



photo by Airman 1st Class Javier Cruz Jr.

**Capt. Michael Luby, 374th Aerospace Medicine Squadron, gets ready to perform his first rappel with the help of Staff Sgt. David Jewell, Survival, Evasion, Resistance and Escape (SERE) instructor here. Sergeant Jewell holds monthly rappelling classes.**

# Typhoon season blows in

## Community urged to be prepared until fall

By Airman 1st Class Katie Thomas  
Editor

It's that time again. Typhoon season has reared its head and will continue to through November, said weather officials at the 374th Operations Support Squadron.

Capt. Bruce Frost, weather flight commander, said that community members can expect a quieter season this year with possibly two major storms.

The base felt the effects of Typhoon Nesat the previous weekend. Rainfall and winds were minimal but gave the base its first taste of the typhoon season.

In 2004 the base saw a large typhoon in October but damage was minimal.

Servicemembers and their families should remain prepared for typhoons throughout the season and particularly from August to September, which is the base's peak season.

Community members should

review evacuation plans and Tropical Cyclone Conditions Of Readiness (TCCOR) information, said American Red Cross officials. Members are also advised to gather emergency supplies such as cash money, bottled water, batteries, candles, a battery-operated television or radio, and flashlights.

"The greatest threat to the base comes from the winds and rain," explained Captain Frost. "The winds can do damage to buildings and create debris, and the rainfall can cause flooding."

Pacific typhoons form near the equator as a low-pressure front and weather elements come together and revolve as one, said the captain. As the storm begins to move and gather energy, weather Airmen at Hickam Air Force Base, Hawaii, monitor the storm's winds and path. They pass information to the military weather organizations across the Pacific.

A storm becomes a typhoon when its winds reach 50 knots or greater, explained Captain Frost.

The TCCOR alert system designates how high winds are and the projected time the typhoon will hit a specific location.

When traveling in the Pacific region, servicemembers and their families are advised to keep a close eye on weather information to ensure they are prepared, he said. The Joint Typhoon Warning System provides public weather information and can be visited at <http://www.npmoc.navy.mil/jtwc.html>.

The captain said that Space-A passengers should pay close attention to local forecasts because flights may be cancelled due to typhoons. Additionally, aircraft and people may be evacuated due the severity of a typhoon, he explained.

The weather flight advises the base commander and the 374th Airlift Wing's group commanders on a typhoon's progress. The flight also participates in conference calls with other military weather organizations in the Pacific to confirm information and decide on TCCORs.

# Technical, master sergeant promotions released

RANDOLPH AIR FORCE BASE, Texas (AFPN) – Air Force officials have selected 6,630 of 25,454 eligible technical sergeants for promotion to master sergeant; and 9,116 of 43,379 eligible staff sergeants for promotion to technical sergeant.

The master sergeant selection rate rose 0.10 percent from last year to 26.05 percent, while this year's technical sergeant rate dropped 0.56 percent from last year to 21.01 percent.

Yokota's Top Three is hosting a promotion social for the base's new technical and master sergeants today from 4 to 5:30 p.m. at the Enlisted Club. The community is invited to the celebration.

*The following staff sergeants have been selected for promotion to technical sergeant:*

Abordo, Cloyd; Amante, Edilberto; Anderson, Lateef; Anthony, Paula; Astarita, Thomas; Autry, John; Betancourt, Anselmo; Blanchard, Katrina; Bloodworth, Nathan; Boone, Ervin; Borucki, Avanti; Brazell, Ricky; Brochu, Gilles; Brower, Christopher; Browne, Tarrina; Buitron, Omar; Bushta, Shane; Bussie, William; Calvin, Michael; Camacho, Craig; Cargile, Galen; Carter, Jason; Chavez, Roy; Claxton, Matthew;

Compton, William; Conwell, Christopher; Coombs, Jeremy; Cotton, Derrell; Crist, David; Currington, Frederick; Currington, Camille; Dacosta, Mario; Davis, John; Davis, Daniel; Davis, Robert; Derr, Joseph; Downs, Chris; Duntz, Keith; Duplessis, Jereck; Edwards, David; Ellison, Karona; Eversley, Armando; Fedele, Gaetano; Frank, Douglas; Gallaspie, Phillip; Gladney, Lavarri; Gouldthorpe, John; Green, Catalina; Hanna, Matthew; Hardbarger, Charles; Hardy, Clyde; Haskin, Veronica; Headrick, Michael; Helms, Corey; Herron, Angela; Holmes, Michael; Holmes, Tyandra; Holmes, Nackeesia; Hord, Eric; Ireland, Johnathan;

Johnson, Michael; Johnson, Dwayne; Jones, Matthew; Kellergriffin, Brian; Keomanila, Chin; Kirkham, Brandon; Kornegay, Karla; Laning, Robert; Leone, Kim; Lucero, Oliver; Lusher, David; Massie, Doron; Maston, George; McKenna, Allen; McKillip, Randall; McKinnis, Matthew; Miles, Kenzie; Minor, Samuel; Monserate, Michael; Moore, Reginald; Myree, Evelyn; Nakashima, Marcus; Narusawa, Dale; Negron, Victor; Nowalski, Donna; Parker, Anthony; Parrott, Thomas; Perez, Francisco; Pfeifer, Tammy; Pluguez, Jose; Ramirez,

Cheryl; Renaud, Randall; Reynolds, Jeremy; Richmond, Amy; Rowland, Orlando; Sain, Cynthia; Sandwell, Charles; Satterfield, David; Saunders, Jeffrey; Schoolmeesters, Steven; Scoughton, Jerry; Shehane, Dylan; Shipper, Alex; Shriver, Thomas; Silva, Juan; Smith, Cedric; Smith, John; Sosa, Mark; Stallings, Matthew; Stanislav, Byron; Stephenson, Andrew; Steward, Darrell; Storer, Patrick; Sybirski, Anthony; Thaggard, Richard; Tucker, Amy; Turk, Jason; Vanderbogart, Samuel; Vanish, Lethario; Vasquez, Felipe; Veil, Gregory; Vollmer, Mark; Walker, Derrick; Wampner, F.H.; Williams, Angela; Wolff, Michelle; Worthley, Scott; Yates, Andrew; and Zedan, Eric.

*The following technical sergeants have been selected for promotion to master sergeant:*

Anderson, Erwin; Bell, Mason; Blackellar, Vernon; Blake-Harris, Colleen; Boswell, William; Brown, Mark; Bunton, Billy; Burns, Michael; Burroughs, Greg; Byrnes, Timothy; Cluster, Faron; Coley, Juan; Cone, Damian; Cummings, Nina; Deen, Timothy; Dempsey, John; Dew, Darryl; Dixon, James; Duran, Jose; Egri, Charles; Ehrlich, William; Elam, John Jr; English, Alma; Evans, Karl; Finnis, Dana;

Fisher, Gregory; Floyd, Rodney; Fonseca, Gerado; Hanson, Todd; Harris, Marlow; Harris, Elaine; Harris, Terry; Hayes, Kevin; Hemingway, Rochelle; Hemingway, Dominic; Herron, Bobby; Hill, James; Hindelang, David; Holm, Blake; Jaap, John; Jackson, Barry; Jones, Cindy; Jones, Denise; Jordan, Carl; Kim, Moo; King, Vance; Lahee, Keith; Lawrence, Patrick; Lesesne, Vincent;

Maddox, George; Matamoros, Arnoldo; McBee, Jimmy; McDaniel, Andrew; Miller, Jeffrey; Murphy, Michael; Myree, Derrick; Nichols, Alexander; Pettaway, Philip; Petterson, Thomas; Piazza, Patrick; Plourde, David; Plummer, Charles; Pritchard, Edward; Reid, Tory; Rhoda, Adrian; Rivers, Jacinda; Rogers, James; Saenz, Mario; Saladin, Valerie; Sanders, Robert; Schalk, Kenneth; Schnortz, Steven; Shipley, Daniel; Shirkey, Alex; Silva, Kellie; Smith, Gordon; Steele, Lisa; Taylor, Markus; Taylor, Archie; Turner, Kelle; Vandruuff, Mark; Vanoss, Jamie; Ware, Milo; West, Robert; Wiegand, Karl; Wilson, Eric; Wolfe, Kevin; Wright, Latricelean; and Young, Steven.

*(Courtesy of Air Force Personnel Center with information added by 374th Airlift Wing Public Affairs)*



### Captains selected for promotion to major

RANDOLPH AIR FORCE BASE, Texas – More than 2,000 captains were selected for promotion.

Selection statistics in-the-promotion zone for major were 2,197 selected from 2,360 considered for a 93.1 percent select rate.

The following Yokota captains were selected for promotion to major:

**Krishaan Anderson**, 730th Air Mobility Squadron; **Ralph Cannon**, AFELM US for Japan; **Russell Gorecki**, 374th Logistics Readiness Squadron; **Mark Grunsky**, 374th Operations Support Squadron; **William Hanby Jr.**, 605th Air Operations Squadron; **Wesley Kirk**, 36th Airlift Squadron;

**Jeffrey Lakey**, 374th Mission Support Squadron; **Todd Lindell**, 36th AS; **Howard Morgan**, 374th Maintenance Squadron; **Andrew Reid**, 36th AS; **Scott Stewart**, 374th Airlift Wing; **Scott Turner**, 36th AS; **David Vernal**, Air Force Institute of Technology; **David Westover Jr.**, 374th Airlift Wing; and **Michael Yates**, 374th Operations Group.

(Courtesy of Air Force Personnel Center with information from 374th Airlift Wing Public Affairs)

## More than 100 base Airmen earn CCAFs

*Congratulations to the following servicemembers who were presented with a Community College of the Air Force degree Thursday at the Enlisted Club:*

Staff Sgt. Kenneth Adams, 374th Mission Support Squadron; Master Sgt. Frank Albert, 374th Logistics Readiness Squadron; Staff Sgt. Geoffrey Alexander, 730th Air Mobility Squadron; Senior Airman James Avery, 374th LRS;

Master Sgt. Jeffrey Bellitt, 605th Air Support Squadron; Staff Sgt. Nicole Bishop, DSRJ; Tech. Sgt. Robert Boettner, 374th Mission Support Group; Master Sgt. Jon Borseth, 374th Maintenance Squadron; Master Sgt. Diane Bowie, 39th Communications Squadron; Master Sgt. Jo Bradshaw, 374th CES; Senior Airman Matthew Brinker, 374th Aircraft Maintenance Squadron; Senior Airman Eric Brown, 374th Airlift Wing; Staff Sgt. Vencot Brown, 374th MXS; Staff Sgt. Jason Burkley, 374th Communications Squadron; Master Sgt. Alisa Burns, 374th Comptroller Squadron; Staff Sgt. Ian Burton, 374th CS;

Airman 1st Class Daniel Cabrera, 374th CS; Staff Sgt. Catalina Caldwell, 374th Medical Operations Squadron; Senior Airman Jason Carter, 374th Aerospace Medicine Squadron; Staff Sgt. William Carter, 374th MDOS; Tech. Sgt. Roy Childs, 374th AMDS; Staff Sgt. Kimberly Clark, 374th Security Forces Squadron; Master

Sgt. Alain Clifford, 374th SFS; Tech. Sgt. Kenneth Collier, 374th AMXS; Staff Sgt. Patrick Conklin, 20th Operational Weather Squadron; Master Sgt. Gilberto Cristobal, Defense Threat Reduction Agency, Japan; Senior Airman Leanna Cummins, 374th MDOS;

Staff Sgt. Terri Davis, 374th Mission Support Squadron; Senior Airman Theodore Difuntorum, 374th MXS; Tech. Sgt. Alan Doxey, 374th CS; Staff Sgt. Keith Duntz, 730th Air Mobility Command; Tech. Sgt. Kenneth Duran, 730th Air Mobility Squadron;

Senior Airman William Ellis, Air Force Information Warfare; Staff Sgt. Karona Ellison, 374th LRS; Master Sgt. Martin Ellison, Fifth Air Force; Master Sgt. Kevin Evert, Fifth Air Force;

Senior Airman Michael Field, 374th AMXS; Master Sgt. Carlo Filoteo, 8th Mission Support Squadron; Staff Sgt. Jason Fosco, 374th LRS; Staff Sgt. Denise Fountain, 374th Operations Support Squadron; Tech. Sgt. Steven Fuentes, 374th AMXS;

Tech. Sgt. Latasha George, 374th Mission Support Squadron; Tech. Sgt. Wanawut Griffeth, 372nd Training Squadron; Tech. Sgt. Donald Grindstaff, 374th AMXS; Master Sgt. Chanbit Growden, 374th CES;

Staff Sgt. Clyde Hardy, 374th CS; Senior Airman Takisha Hargrave, 374th CS; Staff Sgt. Douglas Harper, 374th AMXS; Tech. Sgt. Issac Harris, 374th CS; Master

Sgt. Kevin Harris, 374th CES; Staff Sgt. Jason Hewett, 374th MXS; Master Sgt. Samuel Hilburn, 374th CS; Master Sgt. Edwin Holland, 374th Dental Squadron;

Staff Sgt. Brandon Kirkham, 374th Mission Support Squadron; Tech. Sgt. Donald Krummen, 374th AMXS;

Staff Sgt. Kim Leone, 374th CPTS; Master Sgt. John Liss, 51st Medical Support Squadron; Tech. Sgt. Harvey Lloyd, 374th MXS; Master Sgt. Sandy Lofton, 20th Operational Weather Squadron; Master Sgt. Brian Loisel, 374th CES; Staff Sgt. Christopher Looney, 374th MXS; Staff Sgt. Oliver Lucero, 374th LRS; Airman 1st Class Gloria Lyons-Miller, Defense Finance and Accounting Services;

Senior Airman Orlando May, 374th CES; Staff Sgt. Chad McBea, 374th CS; Tech. Sgt. Chad McGlinn, 374th CES; Tech. Sgt. John Muniz, 62nd Field Investigations Squadron;

Airman 1st Class Blake Naber, 20th OWS; Staff Sgt. Marcus Neal, 374th CS; Master Sgt. Steven Oakes, 374th CES; Senior Airman Tim Ortiz, 374th AMXS; Staff Sgt. Steven Oswald, 374th CS; Master Sgt. Lloyd Owens, 374th SFS;

Master Sgt. Michael Paquin, 374th LRS; Tech. Sgt. Torrie Perry, 374th Airlift Wing; Staff Sgt. Fredrick Pierce, 374th MXS; Staff Sgt. Shayn Powers, 372nd TS;

Tech. Sgt. Charles Rhinehart; Master Sgt. Fredrick Roberts, 730th AMS; Staff Sgt. Ivory Robinson,

374th OSS; Tech. Sgt. James Roehm, 374th AMDS;

Master Sgt. Manuel Saladin, 374th LRS; Tech. Sgt. Jennifer Shelton, 10th Space Warning Squadron; Staff Sgt. Christina Sheridan, 374th SFS; Tech. Sgt. Todd Simmons, 374th SFS; Staff Sgt. Chad Sims, 374th AMXS; Master Sgt. Lawrence Sims, 374th LRS; Staff Sgt. Joshua Sistar, 730th Air Mobility Squadron; Staff Sgt. Larnell Smith, 374th LRS; Senior Airman Marshall Smith, 374th MXS; Tech. Sgt. Tommy Snider, 374th CS; Senior Airman Robert Sosinski; Senior Airman Shane Soto, 374th MDOS; Staff Sgt. Byron Stanislav, 372nd TS; Staff Sgt. Michele Stumm, AFNEWS; Staff Sgt. Aaron Sundheim, 374th MDOS;

Staff Sgt. Liza Thaggard, 374th OSS; Staff Sgt. Richard Thaggard, 374th OSS; Senior Airman Jacques Todd, 81st Medical Support Squadron; Master Sgt. Tony Trigg, 374th CS;

Staff Sgt. Amy Watkins, 374th MDOS; Staff Sgt. Kendra Weber, 374th CS; Senior Airman Ryan Wells, Pacific Air Forces Air Postal Squadron; Senior Airman Bill Wheeler, 374th SFS; Staff Sgt. Michelle Wickell, 374th LRS; Tech. Sgt. Keith Williams, 374th AMDS; Staff Sgt. Valda Wilson, 374th CS; and Airman 1st Class Nathan Woodruff, 715th Air Mobility Operations Group.

(Information provided by Base Training and Education Services)

**O'Brien: BRAC communities regained 90 percent of lost jobs:** DENVER (AFPN) -- Redevelopment efforts have created more than 115,000 new jobs nationwide in communities affected by the last four Base Realignment and Closure actions, a senior Defense Department official said here.

Those employment gains account for "nearly 90 percent of the civilian jobs that were lost" as the result of BRAC rounds conducted in 1988, 1991, 1993 and 1995, said Patrick O'Brien, director of DOD's office of economic adjustment.

## NEWS AROUND THE AIR FORCE & PACAF

For these stories and more, visit Air Force Link at [www.af.mil](http://www.af.mil)

**Cooperative Cope Thunder kicks off:** EIELSON AIR FORCE BASE, Alaska (AFPN) – The sky above Alaska is brimming with activity as Pacific Air Force's premier composite force exercise kicked off here June 9.

Cooperative Cope Thunder runs through June 24 with operations here and at nearby Elmendorf Air Force Base.

The exercise highlights multinational operations combined with interdiction, suppression and destruction of enemy air defenses, and counterair missions.

**Latest C-130J evolution arrives on desert ramp:** SOUTHWEST ASIA (AFPN) – The faster more

powerful C-130 Hercules J-models and the stretch version C-130J-30s arrived in Southwest Asia on June 7 and 8, bringing state-of-the-art technology to the war on terrorism.

Airmen with the Rhode Island Air National Guard's 143rd Airlift Squadron, the California ANG's 146th AS and the Maryland ANG's 135th AS joined forces here as the 746th Expeditionary Airlift Squadron supporting airlift missions in Iraq, Afghanistan and Africa.

# AD

# Base network undergoes several upgrades

## E-mail system to be replaced with new software, servers by early fall

By 1st Lt Ben Alumbaugh  
374th Airlift Wing Public Affairs

Everyone counts on a computer and their ability to send e-mail to get their job done. Thanks to some much needed upgrades and changes the 374th Communications Squadron is implementing, the base's ability to accomplish the mission will be vastly improved.

The first thing implemented was changing to a new Air Force-standard global address list last month. This change prepared the base for new e-mail server software. However, the global wasn't the only change to the e-mail systems. "We just put a new operating system on the e-mail servers", said Capt. Brian Oldenburg, 374th Communications Squadron Information Systems Flight commander.

"People should see better reliability and stabilized e-mail. This is only a stepping stone until we completely upgrade the e-mail servers and software to the newest version." According to the captain the current e-mail servers are five years old and the software for the e-mail is eight years old. "In terms of the technology we are using, it's very old," said Captain Oldenburg. "Thankfully, we have brand new servers ready to go that should be in place in August." An additional change is a \$1.5 million project to upgrade much of the network infrastructure on base,

including new routers and switches for the base's information network distribution points, which feed buildings with internet/network connectivity. According to Captain Oldenburg several of the buildings on base are wired with older hardware, which limits the amount of information the computer can process. "Between now and the end of July we will upgrade the infrastructure, which will be a major boost to the network efficiency," said Captain Oldenburg. "By end of August or so, we will be operating on a new network." While the communications

squadron is going to great effort to upgrade the base's hardware and software, one issue in particular requires all of Yokota's help: the shared network drive. "We are around 85 percent capacity on the shared network drive," said Captain Oldenburg. "We have a finite storage area and if that system crashes it could impact every user on base." Captain Oldenburg said people should make sure there are not old files in the shared drive area. "Most people have a writable CD drive and should either burn files onto CD or store them on their desktop."

# Army officials: Divorce rates increasing across all military services

By Donna Miles  
American Forces Press Service

WASHINGTON (AFPN) – Officials are stepping up efforts to help servicemembers strengthen families relationships. A full range of outreach programs aims to help military families endure the hardships that military life often imposes. Specific service-by-service statistics about divorce rates within the military were not available, but Army rates give a snapshot of what are believed to be a militarywide trend.

Army officials reported 10,477 divorces among active-duty force in fiscal 2004, a number that has climbed steadily over the past five years. In fiscal 2003, the Army reported less than 7,500 divorces; in 2002, more than 7,000, and in 2001, about 5,600. These statistics reflect a general trend in American society, said Army Chaplain (Col.) Glen Bloomstrom, director of ministry initiatives for the Army's chief of chaplains. Forty-five to 50 percent of all first marriages end in divorce nationwide, he said, and the failure rate is even higher for second marriages: 60 to 70 percent.

Divorce rates run even higher in specific occupations, particularly those that expose people to traumatic events and danger, as well as heavy responsibilities and public scrutiny, Army officials said. Police officers, for example, face divorce rates averaging between 66 and 75 percent. The toll goes beyond the human side and affects military operations as well, said Chaplain Bloomstrom. Servicemembers in happy marriages tend to be more focused on their jobs and less

likely to have disciplinary problems, he said. While the Air Force does not have servicewide marital support programs, Air Force officials said individual bases offer a wide variety of programs to support military families and help them through separations, deployments and the stresses relating to them. Programs are offered through family support, chaplain and mental-health counseling networks.

Marriage-assistance agencies	
⇒ Base chaplain	225-7009
⇒ Family Advocacy	225-3648
⇒ Life Skills	225-3566

AD



# Identity theft? How to avoid being one of the 10 million

By Maj. Andrew Krog

Air Force Special Operations Command  
judge advocate office

HURLBURT FIELD, Fla. (AFPN) – According to the United States Postal Service, identity theft is America's fastest-growing crime.

The Federal Trade Commission estimates up to 10 million Americans become victims of identity theft every year.

If you become a victim, you will have to pay about \$500-\$1,000 and spend 30-60 hours of your time trying to fix the financial damage, and it will still take years to fully repair your credit.

Although newer forms of identity theft such as "phishing" (where thieves send phony e-mail messages trying to trick people into giving up personal information) and "skimming" (using fake credit card readers to steal electronic data) have gotten a lot of attention lately, a recent study found that the most common identity theft cases still occur the old-fashioned way: thieves stealing someone's wallet or checkbook and running up debt on their accounts.

A distant second are cases where friends, relatives or acquaintances have access to personal information and loot the owner's account, followed closely by theft of personal information from businesses by employees, stolen mail or a fraudulent post office change of address, computer "spyware" and other viruses, and personal information harvested from people's garbage.

The last example can sometimes yield a stunning amount of information. During a recent inspection at Moody Air Force Base, Ga., inspector general representatives on a "dumpster dive" found so much personal information on one individual, including her Social Security Number, full signature, and bank account number, that they could have easily stolen her identity.

With all the threats out there to your personal information, the most important thing you can do to avoid becoming an identity theft victim can be summed up in two words: PAY ATTENTION! Identity theft victims who monitor their financial accounts online average only about \$500 in losses, compared to almost \$4,500 in losses for those who relied on paper statements.

✓ **Check your credit report at least once a year to look for changes or errors;** a recent Federal law entitles every American to one free credit report annually from each of the "big three" credit reporting agencies (Experian, TransUnion, and Equifax), and by June 1, people living almost everywhere but the Northeastern U.S. (which won't be phased in until Sept. 1) will be able to get three free reports a year!

✓ **Next, protect your personal information.** Limit the number of credit cards you carry in your wallet or purse, and avoid carrying Personal Identification Numbers in your wallet. If you must write a PIN down to remember it, try to disguise it as a phone number or anything other than a PIN. Don't just throw away sensitive information such as bank statements, leave and earnings statements, or those annoying "convenience checks" that keep flooding your mail; these documents should be shredded to keep important account numbers safe.

✓ **Finally, be suspicious of Internet traps.** By and large, most telephone and online financial transactions are safe and secure, but keep alert for scams. Your bank should never have to call you and ask for your account number, and Bank of America will never send you an e-mail asking you to update your PIN. If you get information saying there is a problem with your account, call the bank or company directly.

⇒ **If you become a victim, the first thing you should do is contact the Federal Trade Commission.** The FTC has a lot of good information in one location to help quickly stop your losses and begin repairing your credit. You can reach the FTC by calling their ID Theft Hotline at 1-877-IDTHEFT or via the Internet at <http://www.consumer.gov>.

⇒ **The next thing to do right away is call one of the three credit reporting agencies and request a "fraud alert" be placed on your credit report.** A fraud alert on your account is a 90-day tag, which you can renew as needed for up to seven years, that will prevent changes or new accounts without personal verification that the requester is you. It also gets you a free credit

report. The law requires that if one of the "big three" is notified of a fraud alert it must inform the other two, so you only have to call one.

⇒ **Once you have done that, make sure you have a pad and pen handy, because you will want to make a record of all the calls you will soon be making.** You need to call all your creditors immediately to close your accounts and dispute any charges you didn't make. Take notes of who you called and when, and make sure you get names and work centers too, in case you have to argue with the creditor later. If you actually talk to someone in person, make sure you log that visit as well.

⇒ **You should also file a police report.** Even though many times there is little the police can do to recover your losses, a police report will come in handy when you are trying to convince a credit company that you were an identity theft victim and not just another deadbeat debtor.

There is one last item of special protection that military members can use to avoid becoming an identity theft victim. Congress recently created an "active duty alert" that can be placed on your credit report to give you additional protection while you are away from home. An active duty alert will require creditors to call you (or your designated representative, if you granted a power of attorney) or otherwise positively confirm your identity before extending any credit on your account. It will also restrict creditors from sending you "pre-screened" or "pre-authorized" credit offers. Active duty alerts are created exactly the same way as fraud alerts, will last for 12 months, and can be renewed as often as required. All you need to get an active duty alert is to be on active duty and have TDY orders or be scheduled to deploy.

In an increasingly digital world, the threat of identity theft will likely grow ever larger as thieves and swindlers cook up new ways to part inattentive people from their money. By protecting your personal information and keeping a vigilant eye out for any suspicious activity, you can significantly reduce your odds of becoming a victim.



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## Deadlines

The deadline for articles, briefs and classifieds is Wednesday the week before publication. For holidays, the deadline is one day earlier.

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374th Airlift Wing commander

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## Action Line

**E-mail: [Action.lines@yokota.af.mil](mailto:Action.lines@yokota.af.mil)**

The Action Line is your direct line to me. Use it if you have questions or comments about Yokota, which couldn't be resolved by your chain of command first. When you send an e-mail, please include your name and phone number so you can be reached if more information is needed.



**Col. Scott Goodwin**

374th Airlift Wing commander

**Q** Colonel Goodwin, welcome to Yokota! I hope you will enjoy your tour here, and I look forward to seeing what vision you are bringing to the wing.

I am concerned with many of the young people who are riding bicycles in the east housing area. I have repeatedly seen them engage

in unsafe acts including riding without a helmet, riding two to a bike, and riding between 9 and 10 p.m. without any reflective gear or lights. Unfortunately, their parents do not seem to be compelling them to comply with Yokota's safety policies.

After consulting with my first sergeant, I find that my authority to correct other people's children to be very limited.

Is it possible for our Security Forces to increase their patrols in the area and when they observe such behavior to hold parents accountable for ensuring their children act in a safe manner?

**A** Thank you for your warm welcome and for bringing this matter to my attention. Although I can't promise increased patrols in your particular neighborhood, our security forces Airmen are watching for these situations around the entire base. I would like to encourage all Yokota parents to remind your children about the importance of bike safety. As we approach the end of the school year, our children will soon be outside enjoying their summer break. Please make sure they're wearing their helmets and are using lights and reflective gear when riding at night. Thanks and have a great summer!

## DUI Prevention

June 8 – June 14	0
Total DUIs in June	0
Total in 2005	5

### Punishment

.049 or less = car parked for 12 hours
.05-.079 = 6 months walking
.081-.149 = 1 year walking
0.15 or greater = 2 years walking

*Don't  
drink and drive.  
Call 225-RIDE!*



# *Fuji Flyer's* Summer Peaks

## Introducing Yokota High School's class of 2005

The following seniors earned a high school diploma from Yokota High School June 8:

Albert Abney, Justin Acap, Daniel Adamson, Shane Anderson, Sarah Arant, Leslie Ashton, Alicia Baker, Jaysen Barcenas, Richeena Bass, Jon Borseth II, Caroline Bruschuk, Michael Burns, Daniela Cervantes, Jonica Childress, Richard Childs, Eden Chroninger, Daniel Conner, Katrina Cristobal, Kristina DeLeon, Marco Dy-Rivera, Michele Finney, Renee Flemmings, Pocholo Francisco, Marcel Gadsden, Michael Gingles, Tamara Glover, Michaela Green, Shannon Greene, Brittany Grizzard, Justin Gross;

Koto Hachiya, Kenneth Harris, Elliko Heimbach, Masumi Hicks, Katherine Huffmyer, Christopher Hunsinger, Kelly Hunt, Tomomi Ida, Jessica Johnson, Sylvia Johnson, Michelle Klotz, Ryan Kreulen, Chelsea Ladd, Zennie Ladd, Roxanne Lucero, Felisa Lindsey, Ashley Lucy, Kandace Madison, Arli Mancilla, Mitsuko Martinez, Andrew McDaniel, Jamal McNeill, Jamie Monahan, Orion Moon, Samantha Moyer, Crizelle Muldong, Michael Pahl, Anthony Pearson, Nicloe Peck, Danielle Porter, Robert Porterfield;

Christopher Roach, Joenell Rosales, Melissa Schissler, Darlene Seeley, Christopher Shelton, Tomohiro Shimizu, Joshua Smith, Sean Starnes, Rachel Summers, Dylan Tanedo, Steffen Taplin, Andrevia Thomas, Larchinee Turner, Shawna Vitarbo, Joseph Vosti, Brett Wagner, Stephanie Warzinski, Megan Wilde, Christian Wright, and Rachel Wright.

Katrina Cristobal was the class's valedictorian, and Katherine Huffmyer was salutatorian.

(Courtesy of Yokota High School)

## *New students get 'right start'*

### *Youth, teachers work together to welcome base newcomers*

By Airman 1st Class  
Katie Thomas  
Editor

The summer promises not only lots of sun and fun, but also lots of new students.

The Department of Defense Dependents' Schools here want to make sure these students feel right at home when they arrive by providing a program called Youth Right Start, said school officials here.

The program is a four-hour orientation to the schools and base including a visit to the Yokota Community Center. Students and their parents

can learn about Japan, base rules and meet other new community members during the orientation.

"Military-connected youth move an average of three times more often than other youths," explained Lee Andersen, 374th Airlift Wing school liaison. "Youth Right Start is designed to help with the transition."

The program is held every Wednesday from 9 a.m. to 1 p.m. at the Yokota Middle School beginning June 29. The final session is Aug. 3.

For more information about the program, community members can call Ms.



photo by 1st Lt. Ben Alumbaugh

**Students load up base busses during the final week of school here. They will return to reading and arithmetic Aug. 30.**

Andersen at 225-3438. Community members who are interested in volunteering with

the Youth Right Start program are also encouraged to call.

## *Babysitting offers money, responsibility*

### Local American Red Cross chapter helps youth prepare

By 1st Lt. Ben Alumbaugh  
374th Airlift Wing Public Affairs

For those who think babysitting is an easy way to pick up some extra money without having to extend a lot of effort, you might want to think again.

There are many facets to babysitting and to make sure people who undertake this task are ready for the challenges of watching children, the American Red Cross has a Babysitter's Training class every third Saturday of the month here at Yokota.

The class is targeted to children ages 11 to 15, but is open to the community.

"The class is a full day, about eight hours. It's a very interactive class," said Ms. Connie Harvey of the American Red Cross. "The class is very hands on and gives the students a chance to learn by doing rather than just by the book."

The class runs from 8 a.m. to 3 p.m. The

class covers all the different aspects of babysitting; from how to interview with prospective employers, building a résumé, household rules and discipline, basic first aid and more.

Babysitters are also taught how to keep themselves safe. Youth should know the parents and children that they babysit then inform their own parents of the location and time of the job.

Babysitters are also encouraged to refuse a job that makes them feel uncomfortable in any way and to make transportation arrangements to and from the job.

"The class tries to take out some of the surprise you might encounter," said Ms.

Harvey. "Anytime surprise is reduced, there is less chance of panic."

The class holds 10 students and there is a \$25 fee for the class. As part of the fee,

participants are given a small kit with a pad, small first aid kit, flashlight and other handy tools for babysitting.

"Once you take the class you are qualified for life," said Ms. Harvey. "We do encourage babysitters to also get training in first aid and CPR certification course as well."

People who take the course are eligible to put their names in the babysitter database the Family Support Center maintains.

For more information or to sign up for the class contact 225-7522.

**Connie Harvey**  
American Red Cross representative

## *What's inside this edition ...*

### Teacher hails, farewells



page 6

Base marks end and beginning of new school year with party at the Officers' Club this afternoon.

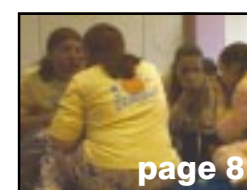
### On & off base fun



page 7

Discover all the places to go and things to do far and near to home

### Seasonal stage presence



page 8

Learn how to take the spotlight with dance troupe and Vivace programs

## Where to go, What to do?

### ⇒ Hang out

The base youth center offers monthly field trips and Fit to Win activities for kids. Trips include Toshimaen Amusement and Water Park, Dino Expo at Ueno Zoo and Summerland Park. Call 225-7441.

### ⇒ Play basketball

The 6th Annual Summer Slam Basketball Clinic is July 11 to 16 at the Yokota Middle School basketball courts. Registration is July 11 from 5 to 7 p.m. The clinic will end with a three-on-three tournament from 9 a.m. to 5 p.m. July 16 with a barbeque and DJ party. Call 225-3308.

### ⇒ Swim

The base Natatorium is open Monday through Friday from 5 a.m. to 9 p.m., and Saturday, Sunday and holidays from 10 a.m. to 8 p.m. The Sakana outdoor pool is open daily from 10 a.m. to 7 p.m. Swimming classes and water aerobics are offered at the Natatorium regularly throughout the summer. Swimmers under age 11 must be accompanied by a parent or individual at least 18 years old while at aquatics facilities.

### ⇒ Try out tennis

Youth age six to 14 can hit the courts with a tennis professional Thursdays at 2:30, 3:30 and 4:30 p.m. The cost is \$40 for four classes. Call the West Youth Center at 225-6397 for more information.

### ⇒ Bowl

Tomodachi Lanes offers daily specials. Xtreme Glo Karaoke bowling is offered June 25, July 23 and August 27 beginning at 8 p.m. A King and Queen of the Hill tournament is scheduled for July 30 at 4 p.m. Call 225-7191.

### ⇒ Learn golf

The Par 3 is holding a summer golf clinic for youth age six to 18. Sessions are being held:

- June 27 to July 1
  - July 11 to 15
  - July 18 to 22
  - July 25 to 29
  - August 1 to 5
  - August 8 to 12
  - August 15 to 29
- Sign up at the Par 3 or Tama Golf.

### ⇒ Fly

The base flight training center and Aero Club offer ground school and flight tours around the local Tokyo area. Call 225-8988 for details.

(Courtesy of 374th Services Marketing)

# SUMMER principles keep teens safe

## Rules, communication help parents stay in youth's lives

For teenagers, summer is usually the time for meeting new friends, undertaking new adventures and experimenting with new activities.

Although these are all healthy developmental experiences for teens, there are some risks.

According to the National Survey on Drug Use and Health, youth initiation of alcohol use is highest during December, January, June and July. Initial use of marijuana and cigarettes is highest during June and July.

The anti-drug Web site has the following "S-U-M-M-E-R" checklist that can help keep teens drug and alcohol-free:

#### √ Set rules.

Have you set clear rules and let your teen know that alcohol and drug use is unac-

ceptable? Two-thirds of kids say that upsetting their parents or losing the respect of family and friends is one of the main reasons they don't smoke or use other drugs. Set limits with clear consequences for breaking them. Praise and reward good behavior.

#### √ Understand and communicate.

Have you talked to your teen in the past month about the harmful physical, mental and social effects of alcohol and drug use? Young people who learn about the risk of drugs at home are up to 50 percent less likely to try drugs than their peers who learn nothing from their parents. Look for teachable moments in everyday life to keep the conversation on-going.

#### √ Monitor your teen's activities and behaviors.

Have you checked to see where your teen is, who they are with, and what they are doing? Teens who are not regularly monitored by their parents are four times more likely to use drugs. Check up on teens to make sure they are where they say they are.

#### √ Make sure you stay involved in your teen's life.

Have you talked with your teen's coach, employer and friends lately? Stay in touch with the adult supervisors like counselors, coaches and employers, and have them call when they see changes in teens.

#### √ Engage your teen in

#### summer activities.

Have you helped plan activities to keep your teen busy? Research shows that teens who are involved in constructive and adult-supervised activities are less likely to use drugs.

#### √ Reserve time for family.

Have you planned a family activity with your teen in the coming weeks such as going to the movies, taking a walk or sharing a meal? Teens

who spend time, talk and have a close relationship with their parents are much less likely to drink, take drugs or have sex.

For more information

on drug and alcohol abuse, call 225-2190.

(Information provided by <http://www.TheAntiDrug.com> and Yokota High School)

"Teens who spend time, talk and have a close relationship with their parents are much less likely to drink, take drugs or have sex."

## Teachers: class out, education still in Internet, programs help students keep sharp on studies

While summer is a time for the great outdoors and adventure, students should keep an eye on their education during the vacation months.

Teachers here suggest students stay active both physically and mentally to ensure that they are prepared for the following school year.

Joyce Gunderson, Yokota Middle School math teacher, said <http://www.mlmath.com> can help students stay on top of their studies with math review materials and games.

Language arts teacher Judy Jenlink said that an extensive reading list for middle school students is available by e-mailing [gail.anderson@pac.dodea.edu](mailto:gail.anderson@pac.dodea.edu).

Sue Grondin, YMS social studies teacher, suggests students visit <http://www.kn.pacbell.com/wired/bluewebn>.

The site hosts Web quests at several grade levels for numerous subjects.

Students can also visit <http://www.goodtyping.com/> to maintain and grow their computer typing skills throughout the summer.

Michael Monahan, YMS guidance counselor, said he encourages students and their families to look into the National Military Family Association's "Operation Purple." The program is a camp open to youth with a deployed parent who is a servicemember or civilian. For more information about the free program, visit <http://www.nmfa.org/>.

Yokota West Elementary School is sponsoring a host-nation Japanese summer school. It is a four-week program that includes basic language lessons, craft and cooking, and a math class that uses an abacus and calculator. Interested participants can call YWES for more information at 225-7611.

The west elementary school also offers reading lists and summer

study suggestions at <http://ywes.pac.dodea.edu>.

(Information provided by Yokota West Elementary and Middle Schools)



## Students, families give warm welcomes, farewells

The community will see several familiar faces depart the base schools and many new ones to take their places.

A celebration marking the departure and arrival of Yokota's teachers will be held today at the Officers' Club this afternoon.

The community is invited to attend the event.

From Yokota West Elementary School, the following teachers will be departing:

**Dave Crittenden**, retiring on October 1 after 42 years of service with DoDDS.

**Pam Merrill**, retiring after more than 40 years of service with DoDDS.

**Susan Huffmyer**, transferring to Germany.

**Carlene Sharp**, transferring to Germany.

**Sheryl Wilson**, moving with her family.

**Alex McGlenn**, moving with her family.

From YWES, the following teachers will be arriving:

**Rosalyn Thompson**, from Bahrain.

**Wanda Robinson-Caton**, from Kadena Air Base, Japan.

From Yokota Middle School, the following teachers will be departing:

**Debra Brown**, seventh and eighth grade science teacher.

**Melissa Carpenter**, seventh and eighth grade math teacher.

**Helen Childress**, school secretary.

**Ruth Nagy**, special education teacher.

**Evelyn Tatum**, seventh and eighth grade social studies.

**Mary Vlahos**, school office automation clerk.

**Julia Willoughby**, band teacher.

**Paul Willoughy**, sixth grade social studies teacher.

(Courtesy of Yokota West Elementary and Middle Schools)



# Center takes crafty approach to season

## Airmen, families can take up hobby from photography to scrap-booking

By Airman 1st Class Katie Thomas  
Editor

The base arts and crafts center is making sure parents and children don't have any time for summer boredom.

From classes to field trips into Tokyo and beyond, the center is offering an assortment of skills including digital and film photography, scrap-booking, woodworking, Japanese crafts, bead jewelry, knitting, pottery and more.

The classes are taught by professional instructors during the afternoon and evening.

A mixed media class for youth featuring three-dimensional art and painting will be held July 11 to 15, and July 25 to 29. The cost is \$50 for five sessions including materials. Parents can drop off children from 9:30 to 11 a.m. at the center while an instructor helps children explore art.

The center is hosting a field trip to Yokohama July 30. The cost is \$17 for adults and \$10 for children age 12 and under.

The Japanese art of gift wrapping will be taught throughout July and August. Fan wrapping and tucking-in techniques will be shown July 16 from 4 to 6 p.m., and Japanese cloth wrapping is featured July 30 from 4 to 6 p.m. Diagonal wrapping is August 10 from 5:30 to 7:30 p.m., and wrapping techniques for boxless items on August 24 from 5:30 to 7:30 p.m.

Washi paper and Japanese calligraphy

classes are offered to community members also. The classes are taught by professional Japanese instructors.

A monthly scrap-booking party is held at the center on the final Friday of each month. It features a potluck, giveaways, demonstrations and a project all for a fee of \$5. The June 24 party is scheduled from 6 to 9:30 p.m.

Pottery classes will be held for beginners from 5:30 to 7:30 p.m. on June 22 and 29, and July 6 and 13. Sessions are also from 9 to 11 a.m. on June 25 and July 2, 9 and 16.

A painting class for beginners is taught at the center also. Participants learn basic techniques and complete a project by the end of the six-session class. The cost is \$60 per person.

Community members can also become a part of the center. It is seeking individuals to fill part-time positions in the plaque shop, wood shop and as an arts and crafts assistant.

The center is located directly behind the Yujo Recreation Center, and it is closed Sundays and Mondays. It has a frame shop and plaque shop that can create custom gifts and mementos for community members. A store with a variety of supplies is also located in the center.

For more information on the center and the services it offers, call 225-7837.



photo by 1st Lt. Ben Alumbaugh

**Geoffrey Chandler, oil painting instructor at the Arts and Crafts Center here, helps a community member during the six-week class he teaches. The center offers a variety of skills including basket-weaving, scrap-booking, photography and more.**

## Check out fun at base library

Parents and children can look to the base library this season to provide educational entertainment and rewards for the whole family.

The staff is bringing the following activities to students and parents this year:

- Get into this year's summer reading program and win prizes. It begins Saturday and runs through July 31. Anyone age 18 and under with an ID card can participate. Pick up a book log and rules at the library starting today.

- Children can listen to a story read by volunteers on the second and fourth Monday of every month at 10:30 a.m.

- For a story at your convenience, call the Dial-A-Story line at 225-2004 anytime. "The Two Frogs" will be featured Saturday through June 24, and "Mr. & Mrs. Vinegar" can be heard June 25 to 30.

- Adults can take advantage of the library's book club which meets once a month. Contact the library for upcoming meetings and titles.

- Internet services including wireless connections are also available to the community.

The library is located in Bldg. 617 near the Enlisted Club. Call 225-7490.

(Courtesy of 374th Services Marketing)

# Japanese culture, adventure await community off-base

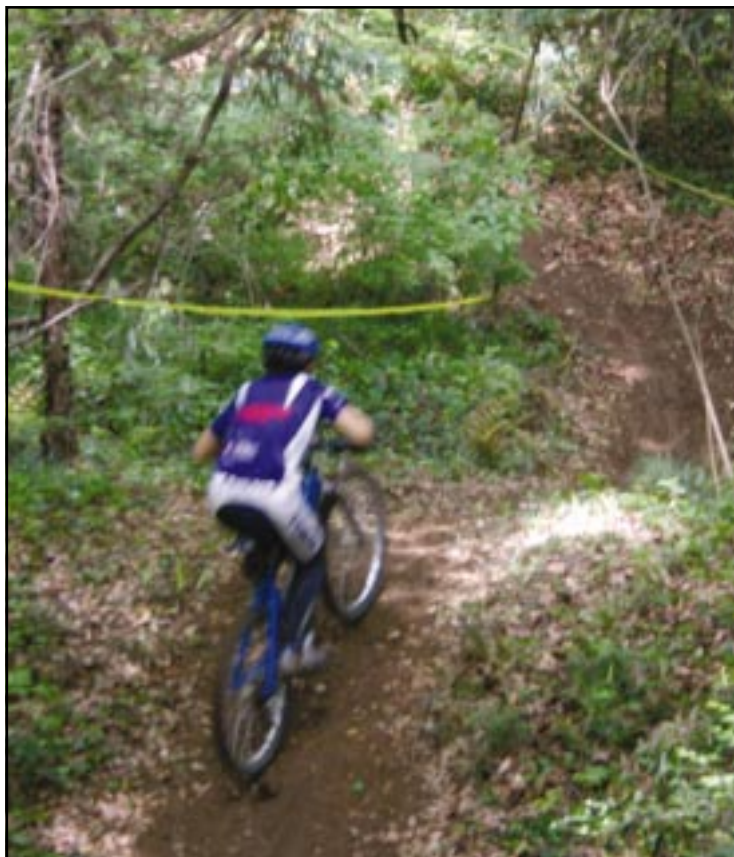


photo by Senior Airman Edward Drew

**The base outdoor recreation center offers numerous trips, including downhill mountain biking adventures around Japan. Bikers can also take to the trails at Tama Hills. The center has rental bikes and safety equipment also available to community members.**

By Airman 1st Class  
Katie Thomas  
Editor

The summer months bring many opportunities to experience the many faces of Japan, and two organizations are ready to help community members do just that.

The 374th Services Division's outdoor recreation center and Information, Tickets and Tours (ITT) offer numerous trips and services.

Outdoor Rec supplies activities ranging from mountain biking and rock climbing to fishing and water parks.

A trip to the Toshimaen water park is scheduled for July 6 from 7 a.m. to 6 p.m. The park includes several rollercoasters, food stands and the Hydropolis water ride.

Sun and surfing are featured at the beach trip to Shimoda that is offered by Outdoor Rec. Trips are scheduled for July 9 and 30 from 4 a.m. to 8 p.m. Enjoy the white sand beach and the nearby shopping and dining opportunities.

An ocean fishing trip at Odawara will be sponsored July 13 from 3:30 a.m. to 5 p.m. Participants will spend a day on the water with experts and fellow base members. The cost is \$70 per person with a minimum age of 14 to go.

Community members can experience mountain biking at Yatsugatake July 23 to 24. The overnight trip is limited to 8 people and costs \$90 per person.

Like Outdoor Rec, ITT can help community members explore off base and most countries around the world.

It is currently offering same-day trips to the Aichi World Expo throughout the summer, and group trips to climb Mt.

Fuji during July and August.

Day visits to Tokyo Disneyland, Fujiyama Highland Amusement Park and Yokosuka are offered on a regular basis,

as well as special outings to the Broadway musical "The Producers" and Disney On Ice's "Monsters, Inc."

ITT is also holding a summer solstice open house Tuesday from 3 to 6 p.m. Community members can win prizes including airline tickets and vacation packages.

For more information about Outdoor Rec's summer trips and other services such as rental equipment, call 225-4552.

ITT can be reached at 227-7083 or visit them in the Yujo Recreation Center.

## Have fun on-base with Outdoor Rec rentals

### ⇒ Games

Badminton, croquet, dunk tank, horsehoes, lawn darts and volleyball sets available.

### ⇒ Inflatable rides

Castle, dalmation, triple-slide, speedway, tiny tot, mystery-theme and more.

### ⇒ Pavilion parties

Call to reserve a pavilion located on base. Rent a grill and other party materials through the center also.





photo by Mark Allen

### Strike a pose

Justina Jensen, youth ballet instructor, conducts class at the west youth center. Classes are held Mondays and Thursdays from 3 to 7 p.m. A youth dance program is also held Mondays from 2:45 to 6:45 p.m. at the Taiyo Recreation Center. Additional classes are available Wednesdays and Saturdays from 2:45 to 6:45 p.m. at the west youth center. The Yokota Dance Troupe meets Mondays through Thursdays from 2 to 8 p.m. The troupe practices ballet, tap, jazz and hip hop dancing. The cost varies with age. Ballroom dancing is offered Saturdays from 3 to 5 p.m. at the Taiyo Recreation Center. Salsa dancing lessons are available the first Saturday of each month at the Enlisted Club beginning at 8 p.m. For more information on the classes listed above call the location that offers that class.

## Summer arts program puts spotlight on youth

### Students to learn about stage performing, hold annual show for families, community

By Airman 1st Class Katie Thomas  
Editor

The Vivace Performing Arts Program wants Yokota's youth to shine.

The program is hosting three summer sessions that will teach youth about acting, dancing and music in the theater.

The Rising Stars sessions are geared for ages six to eight. The sessions are scheduled for Monday through June 25 at Yokota West Elementary School from 1 to 4 p.m.

Youth will learn about har-

mony, part singing, drama and dance through numerous classes and games taught by professionals. The youth will then show off their new skills during a special performance June 25 at 6:30 p.m. in the YWES cafeteria.

Students age nine to 18 can take on the Shining Stars sessions held June 27 through 30 and July 5 through 8 at the Taiyo Recreation Center.

The sessions are modeled after show choir camps and include a new class. Students will learn about different singing techniques

in several different popular music styles. They will also study and perform dance styles such as hip hop and jazz. Drama classes will teach students acting techniques such as improvisation and characterization.

"The Vivace program is a great way to create lifelong memories for your child," said Betsy Fitzgerald, program director. "In addition, students gain many valuable benefits when they participate in the performing arts."

The Vivace Performing Arts Program is a base private organi-



photo by Airman 1st Class Katie Thomas

**Students learn how to apply stage make-up during a 2004 spring break program sponsored by Vivace Performing Arts Program, a base private organization. Vivace is offering different summer sessions for youth here throughout June and July.**

zation. Its mission is to provide quality educational programs and performances to the Yokota community.

For more information about

the Vivace and its program, e-mail [info@vivacejapan.org](mailto:info@vivacejapan.org) or visit [http://homepage.mac.com/keith\\_fitzgerald/Vivace/Menu32.html](http://homepage.mac.com/keith_fitzgerald/Vivace/Menu32.html).

# AD



AD

## Off base

**Wanwan (Bowbow) Festival 2005:** This festival features entertainment performed by trained dogs. It includes a dog seminar and shopping, however puppies will not be sold there. It will be held at the Tokyo Dome July 8 to 10 from 10 a.m. to 6 p.m. Admission is 1,700 yen per adult and 700 yen per child.

**Atsugi Naval Base's Bon Odori open house:** The base will open its doors to the Japanese public July 23 from noon to 9 p.m. The open house includes aircraft static displays. No parking will be available during the event. Call 046-778-2664.

## On base

### Movies

**Today** – *Sisterhood of the Traveling Pants*, PG, 7 p.m.; *Star Wars Episode III: Return of the Sith*, PG-13, 9:30 p.m.

**Saturday** – *Star Wars Episode III: Return of the Sith*, PG-13, 2 p.m.; *Sahara*, PG-13, 2 p.m.; *King's Ransom*, PG-13, 9:30 p.m. (adults only)

**Sunday** – *Star Wars Episode III: Return of the Sith*, PG-13, 2 p.m.; *Sisterhood of the Traveling Pants*, PG, 7 p.m.

**Monday** – *Star Wars Episode III: Return of the Sith*, PG-13, 7 p.m.

**Tuesday** – *Sisterhood of the Traveling Pants*, PG, 7 p.m.

**Wednesday** – *Are We There Yet?*, PG-13, 7 p.m.; *King's Ransom*, PG-13, 9:30 p.m.

**Thursday** – *Are We There Yet?*, PG-13, 7 p.m.; *King's Ransom*, PG-13, 9:30 p.m.

All movies and showtimes are subject to change without notice. Call 225-8708.

### Closures

The Crossroads Shoppette will be closed beginning June 20 for a facility upgrade. The Box Office Video Shoppette will be open 24 hours during the closure. Crossroads will reopen in six weeks.

The housing flight offices will

be closed June 24 for an official function and will open at 7:30 a.m. June 27. Call 225-8636.

### Yard inspections

Military family housing is inspected weekly to ensure compliance with Air Force housing standards. Residents should consult 374 AWPAM 32-8 or call 225-9099

### Father's Day

The Tama Lodge is holding a prime rib special in honor of Father's Day Sunday from 4 to 8 p.m. Call 224-3421 to make reservations.

The Officers' Club is hosting a Father's Day brunch from 10 a.m. to 2 p.m. The cost is \$17.95 per person.

Charlie T's has a Father's Day special from 4:30 to 9 a.m. Sunday. Fathers receive a 25 percent discount. No reservation necessary.

### Bazaars

The 374th Services Division is hosting a bazaar Saturday at the Yujo Recreation Center from 9 a.m. to 3 p.m.

The Enlisted Club is hosting a furniture bazaar Saturday from 9 a.m. to 5 p.m., and Sunday from 9 a.m. to 4 p.m.

### Education

The University of Oklahoma is offering an on-site graduate program here. Application is ongoing with registration 30 days prior to each class session. Fall semester registration is going on right now. Call 225-3869 or e-mail [apyokota@ou.edu](mailto:apyokota@ou.edu).

An adult education Japanese conversation course will be held July 5 through Sept. 6. Military registration begins Monday and civilian registration June 20. Call 225-7337.

### Modeling fair

The Family Support Center is hosting a modeling fair July 30 from 10 a.m. to 2 p.m. Participants must complete a talent application at the FSC. Call 225-8725.

### Fundraiser

The Yokota Honor Guard Society\* is holding a car wash and burger burn Saturday from 11 a.m. to 4 p.m. in Bldg. 314's parking lot.

### Meetings

The Filipino Association\* meets every third Saturday of the month at the Traditional Chapel beginning at 6 p.m.

The local Air Force Sergeants Association chapter\* is holding a meeting June 27 beginning at 8 a.m. in the Enlisted Club. Active duty, Reserve, Guard and retiring members are encouraged to attend. Call 225-5258 or 225-7007.

### Auto Skills

The Auto Skills Center offers interior cleaning packages, tint work, air conditioning recharging, waterproofing, maintenance classes and more. Call 225-7623 for details.

### AFN Salutes

American Forces News is looking for award-winning troops and civilian employees to recognize during "AFN Salutes" spots. Send awardee information to [AFN.eagle810@yokota.af.mil](mailto:AFN.eagle810@yokota.af.mil).

### Volunteers needed

Youth Right Start is looking for volunteers to help welcome new students beginning June 29 through August 3 from 9 a.m. to 1 p.m. Call 225-3438 or e-mail [lee.andersen@yokota.af.mil](mailto:lee.andersen@yokota.af.mil).

The Protestant Women of the Chapel is seeking volunteers to help with a children's ministry during its summer Bible study. E-mail [cheryl@yk21170.americablejapan.com](mailto:cheryl@yk21170.americablejapan.com) or call 227-8524.

### Donations

The Yokota Middle School is collecting items to create care packages for deployed troops. Drop off items such as books, DVDs, phone cards and more at the YMS school office or call 225-9671.

## Samurai Warrior



## of the Week



**Maj. Marybeth Luna**

**Maj. Marybeth Luna**, 374th Medical Support Squadron, is this week's Samurai Warrior of the Week for exhibiting the Bushido qualities of sympathy toward all people, sincerity and respect for one's word of honor, absolute loyalty to one's superior, and a duty to defend the honor of one's name and guild.

Major Luna is the officer in charge of the clinical laboratory. Her unwavering attention to detail and uncompromising desire for excellence resulted in the laboratory's first zero discrepancy accreditation inspection in 10 years.

Additionally, Major Luna assisted in establishing a blood supply agreement with the local Japanese Red Cross. This agreement helped procure emergency blood products 94 percent faster than previous methods.

### Publicity

Private organizations and base units can advertise their activities by sending an e-mail to [afn.publicity@yokota.af.mil](mailto:afn.publicity@yokota.af.mil) or [yokota.bulletin@yokota.af.mil](mailto:yokota.bulletin@yokota.af.mil).

### Chapel events

Fussa Presbyterian Church\* is forming a Bible study for men who want to study the tenets of Christian faith. The study can be scheduled by appointment or via correspondence. E-mail [FussaPresbyChurch@yahoo.com](mailto:FussaPresbyChurch@yahoo.com).

The Protestant Singles of the Chapel host a dinner and Bible study every Tuesday beginning at 5:30 p.m. behind the Traditional Chapel. The group also hosts a fellowship night every Friday beginning at 7 p.m. behind the Traditional Chapel. Call 225-7009.

The Protestant Women of the Chapel is beginning a new Bible study Thursdays from 10 to 11:30 a.m. at the Traditional Chapel. Call 227-8524 or 225-7009.

### Chapel Schedule

#### Traditional (West) Chapel

**Catholic:** Reconciliation, Sundays at 8:45 a.m., 4:45 p.m. and by appointment. Mass, Sundays at 9:15 a.m., 5 p.m.; Mondays through Thursdays, 11:30 a.m.

**Protestant:** Traditional service, Sundays at 11 a.m.; Liturgical service Sundays at 6:30 p.m.; Korean service, Sundays at 2 p.m.

**Other faiths:** Baha'i, Tuesdays at 7 p.m.

#### Contemporary (East) Chapel

**Protestant:** Gospel service, Sundays at 11 a.m.; Contemporary service, Sundays at 5 p.m.

**Other faiths:** Seventh Day Adventist, second and fourth Saturdays of the month at 9 a.m.; Islam, Fridays at noon. Call 225-7009.

### PO disclaimer

An asterisk (\*) denotes a private organization. All POs and PO activities are not endorsed by or affiliated with the U.S. Government, the Department of Defense, or the Department of the Air Force.

# AD



## "Quotes" & Things

"Saltwater taffy."

Caldwell Jones,  
on his favorite seafood

**Golf:** The base championship tournament is June 25 and 26 at Tama Golf. The cost is \$50 and includes food and drawings. Call 224-3426.

**Fencing:** Free fencing lessons are offered at the Natatorium Tuesdays from 5:30 to 7:30 p.m. and Sunday from 6:30 to 8 p.m. Equipment is provided.

**Triathlon:** The 17th Annual Camp Zama Triathlon is scheduled for July 31 from 8 a.m. to 4 p.m. at Sagami Depot. It is free to the first 60 participants. Categories include age six to eight, age 12 to 15, a family event, a relay event and an adult triathlon. Participants must be SOFA-status or Japanese employees. Registration ends July 11. Call 263-5656.

**Baseball:** The Yokota Thunder Baseball Club is recruiting players for the 2005 season. E-mail [mohrvictor@yahoo.com](mailto:mohrvictor@yahoo.com).

The Yokota Hawks Baseball Club is looking for teammates to fill out its roster. Practices are Wednesdays and Fridays from 7 to 9 p.m. Call 090-9967-4700.

**5K race:** The 374th Services Division is hosting a Summer Solstice 5K June 24 at Yokota Field. Call 225-6133.

**Natatorium:** The base Natatorium will be closed Thursday from 9:30 to 11:30 a.m.

**Sports coverage:** Send upcoming sports events information to [fuji.flyer@yokota.af.mil](mailto:fuji.flyer@yokota.af.mil) or call 225-8833.

# Yokota Striders host Ekiden Sunday

## Organization donates profits to local groups to show appreciation

By 1st Lt. Ben Alumbaugh  
374th Airlift Wing Public Affairs

The 21st annual Ekiden race will be held Sunday and will cause road closures around Yokota Air Base from about 6 a.m. to 2 p.m. The areas affected will be the south overrun, the Par 3 golf course, the south gate, the AAFES furniture store and Yokota middle and high schools.

The Ekiden, which means "relay" in Japanese, is one of two annual events put on by the Yokota Striders, a private organization started in the early 1980s by Chief Master Sgt. Dave Thomas. The other event held by the Yokota Striders is the Frostbite run in January.

Both events are open to the Japanese public and bring a large number of Japanese runners to Yokota Air Base every year. This year's version of the Ekiden has 2,500 runners registered.

The Ekiden is comprised of four person teams that run a five kilometer race and features teams of all different levels.

"We're hoping eventually this race will encompass teams from the wing organizations," said Hurley Thurston, publicity coordinator for the Yokota Striders. "Then the race could be more of a good natured competition amongst the organizations."

Groups pay a fee to enter the Ekiden and after costs are cov-



photo by Airman 1st Class Katie Thomas

**The children's 5K foot race takes off during the Ekiden relay races held June XX here. The annual race has been hosted since the 1980s by the Yokota Striders, an on-base private organization.**

ered the profits are put back into the community per AFI.

"Every year we give between 25 thousand and 50 thousand dollars to base organizations," said Staff Sgt. Keith Fitzgerald, president of the Yokota Striders. "Along with the organizations listed by Private Organization donation re-

cipient list, we also give money to help the 374th Airlift Wing Security Forces as a token of our gratitude for all the help they give us."

The Yokota Striders are one of 86 private organizations on base. For more information about the Yokota Striders visit <http://www.yokotastriders.com>.

# CE Airman makes strong show at meet

By 1st Lt. Ben Alumbaugh  
374th Airlift Wing Public Affairs

On June 4, the Air Force Track team, featuring Staff Sgt. Eric Schmidt from the 374th Civil Engineer Squadron, participated in



courtesy photo

**Staff Sgt. Eric Schmidt, 374th Civil Engineer Squadron, runs the 400-meter June 8.**

Zeitplan Stadionfest, a track and field competition in Frankfurt, Germany.

The competition had over 100 participating track/field clubs from all over Germany. Sergeant Schmidt won the 400-meter individual race with a time of 48.32 seconds, which was a meet record. The top five performances of the meet were Sergeant Schmidt, Senior Airman Omolade Akiremi, Hurlburt Field, Fla.; Senior Airman Ibukun Akiremi, Arizona Air National Guard; Capt. Richard Harrison, Eglin Air Force Base, Fla.; and 2nd Lt. Levi Severson, Hanscom AFB, Mass.

On June 8 at the 2005 Component Command Air Headquarters at Ramstein Air Base in Germany Track and Field Championships in Brussels, Belgium, the Air Force women's track team won first place in team standings with the German air force placing second.

In the same competition the men placed

second by a narrow margin behind the German air force.

During the final 80 meters of 400-meter race, Sergeant Schmidt strained his hamstrings but was able to hold off a member of the German air force team and hold onto second place.

"I am happy I was able to finish and did not pull my hamstring" said Sergeant Schmidt.

"Even though I could not finish my race the way I wanted to, I am going to try and make the qualifying mark 45.45 to get into the Olympic trials."

**Staff Sgt. Eric Schmidt**  
Air Force track and field team

Community members looking to tryout for the team next year to please contact Sergeant Schmidt at [eric.schmidt@yokota.af.mil](mailto:eric.schmidt@yokota.af.mil) for more information. The team is looking for females and males track/field athletes to run as well as field events.

# AD